

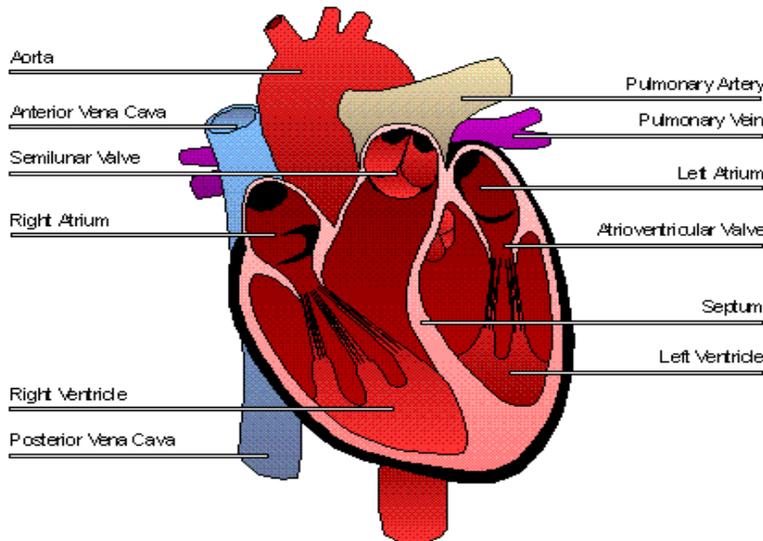


**1. Read the text and answer the questions:**

**Human Heart**

Your heart is really a muscle. It's located a little to the left of the middle of your chest, and it's about the size of your fist. There are lots of muscles all over your body - in your arms, in your legs, in your back, even in your behind. But this muscle is special because of what it does - the heart sends blood around your body. The blood provides your body with the oxygen and nutrients it needs. It also carries away the waste that your body has to get rid of.

Your heart is sort of like a pump, or two pumps in one. The right side of your heart receives blood from the body and pumps it to the lungs. The left side of the heart does the exact opposite: it receives blood from the lungs and pumps it out to the body. By the time you're grown up, your heart will be beating (pumping) about 70 times a minute.



How does the heart beat? Before each beat, your heart fills with blood. Then it contracts to squirt the blood along. When something contracts, it squeezes tighter -

try squeezing your hand into a fist. That's sort of like what your heart does so it can squirt out the blood. Your heart does this all day and all night, all the time. Every day, an adult heart pumps 2,000 gallons (7,500 liters) of recycled blood by filling and contracting. The heart is one tough worker!

**Answer these questions:**

- Where is your heart located?
- Where else can you find muscles in your body besides the heart?
- Why do we need a heart?
- Which organ(s) directly works with the heart?

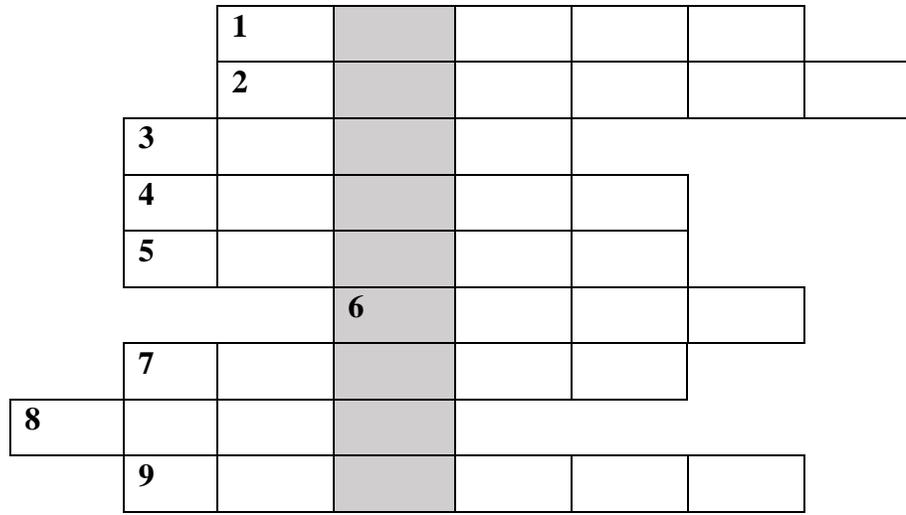


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**SEDE AGRUPACION COLOMBIA**

**PLAN DE MEJORAMIENTO**  
**GRADO 7°**

**2. Complete the Crossword Puzzle:**

**1.**



**Down**

1. Physical structure of a person

**Across**

1. The front surface between the neck and the stomach.
2. band of tissue in the body
3. Mechanical device using suction or pressure to move liquids.
4. muscular organ
5. Organs into which air is drawn in breathing.
6. pulsate
7. The red liquid that circulates in the veins.
8. The end part of the arm
9. A gas essential to life.



3. Quantifiers: complete the sentences according to the picture:

# Grammar Practice

Complete with the right option: **SOME, ANY, A, AN**. Follow the example.

1.  Can you feed me? I haven't got any food.

2.  Mum's carrying some bags with a lot of food.

3.  Look! James is carrying a enormous carrot.

4.  I have some spaghetti on my head and nose.

5.  Every morning I like eating a honey for breakfast.

6.  He's eating a cool watermelon.

7.  I've got a bread. Now I need a ham to make a sandwich.

8.  My friend Joe is cooking a sausage now.

9.  Steven wants a cookies. Oops! there aren't any!

10.  There isn't any food in the fridge. I'm hungry!

11.  I haven't got any apples but I have got a melon.

12.  Mum always has a glass of milk and a cake before she goes to bed.

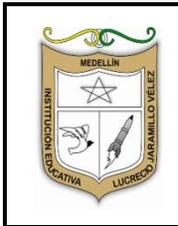
13.  Phil is eating a tasty hamburger!

14.  Daddy has got a bowl and he is eating a popcorn.

15.  Is there any coffee left, Tim? No, sorry, there isn't any.

16.  Why have you got a egg on your face?

 Bon Appetit!



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**4. Match the definitions to the right Word:**

A piece of furniture to sit down	Glass
A room of the house where you sleep	Tights
Bottles are made of this	Turtle
A slow animal	Boat
A person who helps sick people	Minute
A house in the middle of the city	Chair
A thing you put in your legs	Strawberries
An aquatic mean of transport	Nurse
A red type of fruit	Bedroom
It has 60 seconds	Flat

**5. Complete the paragraph using verb to be and verb to have:**

I ..... Cristina and I ..... 30 years old. I ..... a happy family. They ..... my parents, my 3 siblings and my boyfriend. I live with this last one, his name ..... Mario. He ..... 3 siblings, too. He ..... 33 years old and he ..... a director. He ..... brown hair and he ..... brown eyes.

**6. Use Present simple to complete the sentences:**

The children ..... (not like) fish.

She always ..... (get up) at 7:00.

..... you ..... (want) to drink a coffee?

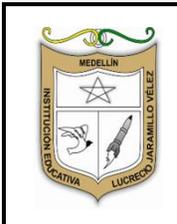
These photographs ..... (cost) 100 euros.

..... your friend ..... (speak) English?

We ..... (not buy) in that shop.

He never ..... (listen) to me.

..... you usually ..... (play) the piano?



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..... Anthony ..... (go) to work at 8:30?

My son always ..... (watch) TV at night.

**IRREGULAR PLURALS.**



7. **Write the plural form for each of these singular nouns.**

- |                 |                 |
|-----------------|-----------------|
| 1 one woman     | two _____       |
| 2 one goose     | three _____     |
| 3 one child     | two _____       |
| 4 one mouse     | many _____      |
| 5 one swine     | five _____      |
| 6 one tooth     | seven _____     |
| 7 one sportsman | two _____       |
| 8 one sheep     | many _____      |
| 9 one policeman | three _____     |
| 10 one foot     | two _____       |
| 11 shorts       | a pair of _____ |
| 12 trousers     | a pair of _____ |

8. **Choose the correct answer.**



- 1 All my friends are good \_\_\_\_\_  
a) childs b) children c) chides
- 2 This old dog is without \_\_\_\_\_  
a) tooths b) toothes c) teeth
- 3 There are a lot of \_\_\_\_\_ in the house.  
a) mice b) mouses c) mouse
- 4 Tom can't go for a walk because his \_\_\_\_\_  
are hurting.  
a) foots b) feet c) feets
- 5 The beautiful \_\_\_\_\_ live in our Zoo.  
a) deer b) deers c) deeres
- 6 There are a lot of \_\_\_\_\_ in the yard.  
a) goose b) geoses c) geese

9. **Fill in the gaps with AS or THAN:**

Mary has got two friends – Adam and Paul. She can't decide which of the boys she likes best. Each of them has a nice personality. Adam has the same interests 1 \_\_\_ her, and they enjoy doing things together. He is a bit older 2 \_\_\_ Mary but that is not very important. She always says that Adam is very grown-up and serious. Mary thinks that he is much more self-confident 3 \_\_\_ Paul.

Paul is very different from her. He is not 4 \_\_\_ serious 5 \_\_\_ Adam, but he has a sense of humour, he is more outgoing 6 \_\_\_ Mary and Adam. Paul travels more 7 \_\_\_ her, and can talk for hours about places that she has never seen. Paul is taller, stronger and more handsome 8 \_\_\_ Adam. His eyes are the same colour 9 \_\_\_ the sea on a summer day. Although he never shows that he likes Mary a lot, she knows about his feelings.



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**10. Choose the correct word to complete the sentences.**

1. The baby's hair is the same colour \_\_\_\_ his.  
A as      B then      C than
2. Sarah is taller \_\_\_\_ her sisters.  
A as      B as...as      C than
3. Girl's hands were \_\_\_\_ cold \_\_\_\_ ice.  
A as...as      B as      C as...than
4. The weather yesterday was better \_\_\_\_ last week.  
A as      B as...as      C than
5. Don't forget to take your ticket \_\_\_\_ I did last year.  
A as...as      B as      C than
6. A diamond is harder \_\_\_\_ iron.  
A then      B as      C than
7. Eat \_\_\_\_ much \_\_\_\_ you like.  
A as      B as...as      C as...than
8. Kate is slimmer \_\_\_\_ Jane.  
A as...as      B than      C as
9. She looks \_\_\_\_ happy \_\_\_\_ Jill.  
A as...as      B as...than      C than

**11. Put in *as, as...as* or *than***

1. The weather in Wales is not \_\_\_\_ cold \_\_\_\_ in Scotland.
2. Cheese has more calories \_\_\_\_ bread.
3. The baby's eyes are the same colour \_\_\_\_ his.
4. Sam is more intelligent \_\_\_\_ he looks.
5. I think football is far more interesting \_\_\_\_ tennis.
6. Mount Olympus isn't \_\_\_\_ high \_\_\_\_ Mount Everest.
7. Nora is going to join us \_\_\_\_ we agreed last week.
8. They sent more food \_\_\_\_ I had ordered.
9. The meeting is at the same time \_\_\_\_ the last one.
10. New Zealand is not nearly \_\_\_\_ big \_\_\_\_ Australia.
11. Your pronunciation is a lot better \_\_\_\_ mine.
12. A good motor bike costs nearly \_\_\_\_ much \_\_\_\_ a car.

**12. Complete using the Comparative form of the adjective:**

- a. My house is.....(big) than yours.
- b. John isn't so.....(tall) as Kevin.
- c. Mary is .....(good) student in the class.
- d. I invited all my classmates to my party. As the saying goes: the.....(many), the.....(merry).
- e. Linda doesn't feel .....(good) today.
- f. Our school is .....(far) away than his.



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- g. I'm calling to ask for some.....(far) information on this package holiday.
- h. Sandra did .....(bad) of all in the test.
- i. Their car is.....(cool) in the neighbourhood.
- j. Do you really think that Tina is.....(clever) than Sandra?
- k. He came to the party.....(late) of all.
- l. John's.....(old) brother is a pilot.
- m. Monica has.....(little) toys than Erin.
- n. Luke doesn't have as.....(much) free time as Bruce.
- o. Poor thing! That's.....(sad) thing I've ever heard!
- p. Luke's shoes are.....(dirty) today than they were yesterday.
- q. I can for sure that it's .....(interesting) movie I've ever seen.
- r. Tina is considered to be .....(shy) person in class.
- s. John's grades are getting.....(good) and.....(good).
- t. Sally is much.....(pretty) than Kate.
- u. Dan feels much.....(good) today.
- v. The.....(old) she gets, the.....(beautiful) she becomes.
- w. This exercise is very.....(difficult).
- x. We have to hurry up as it's getting.....(dark) and  
.....(dark).
- y. Everybody knows that Kevin is.....(strong) than Alan.

**13. Write the adjectives in brackets in the Comparative form.**

- a) John Lennon was (OLD) \_\_\_\_\_ Paul McCartney.
- b) Some people think the Met is (GOOD) \_\_\_\_\_ the Louvre.
- c) Eric was (AFRAID) \_\_\_\_\_ in Harlem \_\_\_\_\_ in the Subway.
- d) Cats are (NICE) \_\_\_\_\_ dogs.
- e) Cartoons are (GOOD) \_\_\_\_\_ music programmes.
- f) The Empire State is (BIG) \_\_\_\_\_ the Chrysler Building.
- g) Barcelona is (SMALL) \_\_\_\_\_ Madrid, but (BIG) \_\_\_\_\_  
Valencia.

**14. Write the adjectives in brackets in the Superlative form.**

- a) Samantha is the (PRETTY) \_\_\_\_\_ girl that Paul has ever met.
- b) I think that King Kong was the (BAD) \_\_\_\_\_ film ever!
- c) Mounth Everest is the (HIGH) \_\_\_\_\_ mountain in the world.
- d) Our English teacher is the (GOOD) \_\_\_\_\_ teacher ever!
- e) My room is the (CLEAN) \_\_\_\_\_ room in my house.



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- f) Ron is the (CLEVER) \_\_\_\_\_ person I've ever met.  
 g) The Millenium Star is one of the (EXPENSIVE) \_\_\_\_\_ diamonds in the world.

**15. Write the sentences in the correct order.**

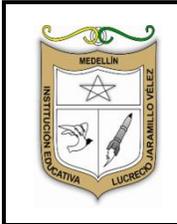
- a) are / than / faster / Cars / bikes.  
 b) interesting / is / than / more / History / Maths.  
 c) than / is / exciting / New York / Albany.  
 d) than / funnier / Comics / magazines / are  
 e) Japan / expensive / the / country. / is / most

**16. Complete the table. Pay attention and don't forget *than* or *the*.**

ADJECTIVE	COMPARATIVE	SUPERLATIVE
Good		
	Nicer than	
		The most annoying
	Cheaper than	
Expensive		
Bad		
	Bigger	
		The tallest
	Prettier	
Fast		
	Happier	
		The smallest
	Sadier	
Boring		



**12. OFFERING HELP.**  
**SNAP DECISIONS.**



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**These are quick decisions that you make to either offer help or to quickly change your plans! Read these different situations and answer them using “WILL”! There is not just one right answer.**

**Useful verbs: get, lend, help, look after, stay, watch, etc!**

1. Your mum is cleaning the floors and you hear the oven buzzer (beeeeeep!!!) go off in the kitchen. You say to your Mum:  
“ \_\_\_\_\_ ”
2. Your best friend is preparing the invitations for his birthday party and he’s complaining he doesn’t have time! You say to him:  
“ \_\_\_\_\_ ”
3. You are out shopping and you see a lady struggling to get a jar of sauce from the top shelf in the supermarket. You’re taller so you say to her:  
“ \_\_\_\_\_ ”
4. Your next-door neighbour is telling you that he’s leaving for Jamaica for a week and doesn’t know what to do with his dog. You say to him:  
” \_\_\_\_\_ ”
5. Your teacher’s mobile fell and broke and she has to make a call. You say to her:  
“ \_\_\_\_\_ ”
6. You’ve got plans to go on holiday to Cancun but your best friend broke his leg and has no one to look after him. So, you say to him:  
“ \_\_\_\_\_ ”
7. \_\_\_\_\_  
\_\_\_\_\_
8. \_\_\_\_\_  
\_\_\_\_\_

**17. Complete using WILL or GOING TO:**

- a) My father \_\_\_\_\_ (go) to Australia next week
- b) “What are your plans for the future?” “I \_\_\_\_\_ (be) a famous actor!”
- c) I don’t think schools \_\_\_\_\_ (change) very much in the next few years
- d) Our computer broke down yesterday, so we \_\_\_\_\_ (buy) a new one soon
- e) Look at that man on the bridge! He \_\_\_\_\_ (jump)!



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- f) I think that people \_\_\_\_\_ (live) on the moon by 2050
- g) Peter is not studying hard enough. He \_\_\_\_\_ (fail) his exams.
- h) The sun is shining and the sky is so blue. It \_\_\_\_\_ (be) a nice day
- i) “The phone is ringing!” “Ok, don’t worry, I \_\_\_\_\_ answer it!”
- j) I hope robots \_\_\_\_\_ (do) the housework in the future
- k) I can’t come to the cinema with you. I \_\_\_\_\_ (meet) John at 8.00
- l) “I can’t find my glasses!” “Don’t worry, I \_\_\_\_\_ (help) you find them”
- m) My sister and I \_\_\_\_\_ (travel) to India in July
- n) Those cars are going too fast! They \_\_\_\_\_ (crash)
- o) “I’m going out. Do you want to come with me?” “Why not? I \_\_\_\_\_ (take) my sweater.”
- p) “Mum, can I go out now? I promise I \_\_\_\_\_ (do) my homework tonight!”
- q) I \_\_\_\_\_ (buy) some new clothes. My old ones are too small
- r) When I grow up I probably \_\_\_\_\_ (not/watch) so much tv.
- s) Mandy and John \_\_\_\_\_ (get married) on June 25
- t) Tomorrow the weather \_\_\_\_\_ (be) sunny and dry
- u) “This exercise is too difficult for me!” “Don’t worry, I \_\_\_\_\_ (help) you!”
- v) “\_\_\_\_\_ (go out) tonight?” “Yes, I \_\_\_\_\_ (go) to the pub”
- w) Do you think Diana \_\_\_\_\_ marry Tom?” “No, I don’t think so”
- x) “It’s Diana’s birthday tomorrow!” “What \_\_\_\_\_ (buy) her?”
- y) “\_\_\_\_\_ people eat insects in 2030?” “They probably \_\_\_\_\_”