



INSTITUCIÓN EDUCATIVA LUCRECIO JARAMILLO VÉLEZ

LECTURA CRÍTICA, PROYECTO LEO

La lectura es el cincel que nos ayuda a derrotar a la ignorancia cruel.

Área: Humanidades

Asignatura: Inglés

Grado: _____

Docente: Claudia Patricia Moreno Arango

FECHA: _____

Nombre del estudiante: -----

NEW YEAR'S DAY

The Chinese New Year is the most important holiday for the Chinese people. For the Chinese, the New Year comes on the first day of the first moon, between January 21 and February 19.

One week before the New Year, people start to clean their homes and buy new things. Some people paint their homes for the New Year. They buy new pictures, too. New Year's pictures often have oranges in them. In Chinese, the word for "oranges" sounds the same as the word for "gold." It is a lucky word. People buy new clothes for the New Year. It is important to start the New Year in new clothes.

On New Year's Eve, the family gets together to eat a big meal. The meal starts late in the afternoon of New Year's Eve. There are many special dishes on the table. There are usually oranges and a dish of fish. Every family tries to eat fish. At the end of the meal, they leave some extra fish on the plate to bring good luck.

The New Year is an important time for the family. It is a tradition for the younger people to bow to the older people. Then the older people give children gifts of money in red envelopes. Red is a lucky color for the Chinese.

At midnight, there are fireworks. It is New Year's Day or the first day of the First Moon. In the morning, the shops are closed, and the streets are empty. People dress in their new clothes and try to be kind and polite to each other to start the New Year well. Later, they go to visit their friends and relatives.

CRITICAL READING ACTIVITY

A) INFERENCE

- Why do you think "red" is such an important color for the Chinese?



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- Why do you think Chinese people celebrate New Year's Eve at this time of the year?

- What other celebrations could be important for Chinese people? Why?

B) AUTHOR'S PURPOSE

- What is the purpose of this text?

C) PREDICTION

- After visiting friends and relatives, what other activities do you think Chinese people will have during that celebration?



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LAUGHTER

Some people say that laughter is the best medicine. Scientists are beginning to agree with this. They are studying laughter seriously and are finding that it is really good for us.

So what happens when we laugh? We use fifteen different muscles in our face, and laughing is good for every organ in our body. When we laugh, we breathe quickly and exercise the face, shoulders, and chest. Our blood pressure goes down, and our circulation gets better. Our heartbeat is lower, and our brain makes a natural painkiller called a beta-endorphin.

Every minute we laugh is the same as forty-five minutes of relaxation. Many doctors around the world believe that laughter helps us get better when we are sick.

Today, there are laughter clubs around the world. They try to improve people's **health** with laughter. The laughter clubs started in India. Now they are all around the world. There are more than 450 laughter clubs just in India. All kinds of people join a laughter club. They go once a day for 20 minutes and start to laugh. There are no **jokes**. People laugh as a kind of exercise, and everyone feels better afterwards. Some people pay a lot of money to join a laughter club and just laugh.

Of course, there are many kinds of laughter. We may change the way we laugh in different situations. But we all have a laugh that is special to us. How do you usually laugh?

Here's a joke to make you laugh:

-Doctor, doctor! Every time a drink coffee, I get a sharp pain in my eye.

-Well, take out the spoon 😊



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CRITICAL READING ACTIVITY

A) INFERENCE

Do you agree that laughter can be a medicine? Why or why not?

B) AUTHOR'S PURPOSE

What is the aim of this text?

C) DEFINE WORDS

What is the meaning of the words in italics? (write the meaning in English)

Health: _____

Jokes: _____

D) TEXT TYPE

Do you think this text is:

a. Narrative

b. Expository

c. Argumentative

E) PREDICTIONS

What do you think can happen after going to a laughter club?



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