



INSTITUCIÓN EDUCATIVA HECTOR ABAD GOMEZ



Proceso: CURRICULAR

Código

Nombre del Documento: Planes de mejoramiento

Versión 01

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ASIGNATURA /AREA/ NÚCLEO	Inglés	GRADO:	10°
PERÍODO	Primero (I)	AÑO:	2026
NOMBRE DEL ESTUDIANTE			

DESEMPEÑOS /COMPETENCIAS:

- Distinguish the main information of oral texts related to academic subjects of interest.
- Identify general and specific information in narrative written texts related to academic subjects of interest.
- Prepare a written text of recommendations on academic subjects of interest.
- Exchange opinions in a round table on academic subjects of interest

ACTIVIDADES PRÁCTICAS A DESARROLLAR INCLUYENDO SU CUADERNO AL DÍA.



- skydiving ____
- white water rafting ____
- skateboarding ____
- fishing ____
- horse riding ____
- playing music ____
- chatting online ____
- playing board games ____
- bowling ____
- playing basketball ____
- playing ice hockey ____

Lee este l texto y responde las siguientes preguntas.

SOCIAL PRACTICE

1. Read the next article. Fill in the information with the correct title.

SOCIAL NETWORK ART PLAYING VIDEO GAMES PRACTICE SPORT

Many people believe that adolescence is a time of ease, but it is not so; there are many activities in which young people spend their free time. Here we show you some of them:

_____ According to the area of the country in which they live, Colombian youth take advantage of the vitality and energy of this stage of life to practice a sport of their interest.

_____ Although soccer, basketball and volleyball are one of the most common, there are others such as skateboarding, parkour, martial arts, among others.

Although this activity usually does not require physical effort, in many cases it requires high concentration and discipline. One of the biggest criticisms of this activity is its high violence content and its lack of interaction with others.

_____ It is a way of sharing with friends from the distance. It is also a mechanism to express opinions and ideas.

However, like the previous one, this activity can be conflictive, since making personal life public can generate many difficulties.

_____ Young colombians are very talented! Some are good at painting and acting, others are very good at singing and dancing. Art is a great way to express feelings, emotions, and points of view.

QUESTIONS

1. Which of the social practice above do you like the most?
2. Which of the social practice above do you like the least?
3. Which do you think is the healthiest?
4. Which do you think is the least healthy?
5. Search at your English dictionary these hobbies or social practices:

Search at dictionary

Skateboarding
Riding a bike-riding a motorbike
Ride a scooter
Hiking- climbing
Playing Football-Playing a video games- Listening to music-drawing
Dancing-watching TV- Go to the gym-playing chess
Talk to Friends-Checking social networks
Reading a book -going to the movies

2. Use the following adjectives and the hobbies above to make comparisons as in the example. At least 7 sentences.

More dangerous than
Faster than
More interesting than
Better than
Healthier than
More fascinating than
More educative than
Funnier than

Example: Riding a bike is **more dangerous than** to drive a car

3. Research and answer the following questions:

- Which is better, English or math?
- Who is taller, your mom or your dad?
- Who is smarter, you or your brother/sister?
- Which is tastier, Coca-Cola or Pepsi?
- Which is better, McDonald's or Burger King?
- Which is healthier, salad or pizza?
- Which sport is more fun to watch, soccer or tennis?
- Which animal makes a better pet, a cat or a dog?
- Which is faster, a horse or a tiger?
- Who is older, your mom or your dad?
- Which is stronger, a lion or a bear?

Who is stronger, superman or batman?
Which games are more fun, computer games or board games?
What is more expensive, gold or silver?
What is bigger, the earth or the moon?
Which sport is more fun to play, basketball or baseball?
Which language is more difficult to learn, English or Chinese?
What is more important, money or happiness?
What is more entertaining, watching T.V or playing computer games?
Does social media make the world a better or worse place?
What's the most interesting subject you study?
What's the most delicious food you have tried?
What's the most expensive thing you've bought?
Who's the funniest person in your family?
What's the biggest animal on earth?
When was the happiest moment in your life?
What country is the best place to live?
What is the funniest movie you have seen?
What subject are you worst at?
What subject are you best at?
What sport are you best at?
Who is the smartest person you know?
What's the strangest thing you have ever seen?
Who is the tallest person in your family?
What is the tallest mountain in the world?
Which language do you think would be the most difficult to learn?
What is the most disgusting food you have tried?
What is the most interesting book you have read?
Which sport is the most fun to play?
What is the best song of all time?

Read the sentences. Which sentences compare two things? Which sentences compare one thing above all others?

Compare two things: _____

Compare one thing above all others: _____

- a. Reggaeton is more modern than Rap.
- b. Punks are the coolest people in the world.
- c. Breakdancing is more popular than hip hop.
- d. Goths wear darker clothes than rockers.
- e. Heavy metal music is more popular in Colombia than in the UK.
- f. Emos have the most interesting style.

Copy and complete the table with the adjectives in the box. Write the comparative and superlative form.

old - modern - extreme - dirty - fashionable - long - popular - healthy - dangerous

COMPARATIVES		SUPERLATIVES	
One syllable, or two syllables ending -y	Two or more syllables	One syllable, or two syllables ending -y	Two or more syllables
<i>older</i>		<i>the oldest</i>	
	<i>more modern</i>		<i>the most modern</i>

- 6. In your **YEAR BOOK** write a composition about your best hobby or sport. Explain why you like it and how you practice it. (use connectors). 2 pages.
- 7. Read and complete with the correct verb in its past form.



WORD BANK

become think not have be not know grow cried sleep play feel

Being a child or being a teenager ... which one do you prefer?

Childhood and adolescence; Two wonderful moments in your life that filled you with experiences and lessons learned, but which is your favourite age?

When you _____ a child you _____ all day. You just _____ about sleeping, eating and playing. At this stage of life problems were smaller and you _____ to be worry about the difficulties of the day to day. However, when you were younger, you _____ how to express your feelings. You _____ how to communicate if you _____ bad or were sad.

While you were _____ up you wanted to be an adult. Later on, you _____ a teenager, and now you must study harder and take responsibilities. Before, you were thinking about watching cartoons and you _____ to make any object a new toy. In adolescence, you think and have the task of projecting your future. However, being a teenager allows you to be more autonomous and critical.

And you ... what stage of life do you like the most?

8. Think of situations that you remember from your childhood that bring you the best memories and those that you did not like very much. Then, think of something that you are experiencing in your adolescence that you like the most and the ones that you like the least. Then write them in the box below.

QUESTIONS	POSITIVE ASPECTS	NEGATIVE ASPECTS
WHEN I WAS A CHILD		
NOW		

Theory of multiple intelligences

In order to capture the full range of abilities and talents that people possess, Gardner theorizes that people do not have just an intellectual capacity, but have many kinds of intelligence, including musical, interpersonal, spatial-visual, and linguistic intelligences. These are briefly explained:

- ✚ Visual-Spatial Intelligence. People who are strong in visual-spatial intelligence are good at visualizing things. These individuals are often good at finding directions as well as maps, charts, videos, and pictures.
- ✚ Linguistic-Verbal Intelligence. People who are strong in linguistic-verbal intelligence are able to use words well, both when writing and speaking. These individuals are typically very good at writing stories, memorizing information and reading.
- ✚ Logical-Mathematical Intelligence. People who are strong in logical-mathematical intelligence are good at reasoning, recognizing patterns, and logically analyzing problems. These individuals tend to think conceptually about numbers, relationships and patterns.
- ✚ Bodily-Kinesthetic Intelligence. Those who have high bodily-kinesthetic intelligence are said to be good at body movement, performing actions, and physical control. People who are strong in this area tend to have excellent hand-eye coordination and dexterity.
- ✚ Musical Intelligence. People who have strong musical intelligence are good at thinking in patterns, rhythms, and sounds. They have a strong appreciation for music and are often good at musical composition and performance.
- ✚ Interpersonal Intelligence: Those who have strong interpersonal intelligence are good at understanding and interacting with other people. These individuals are skilled at assessing the emotions, motivations, desires, and intentions of those around them.

Taken from: <https://www.verywellmind.com/gardners-theory-of-multiple-intelligences>

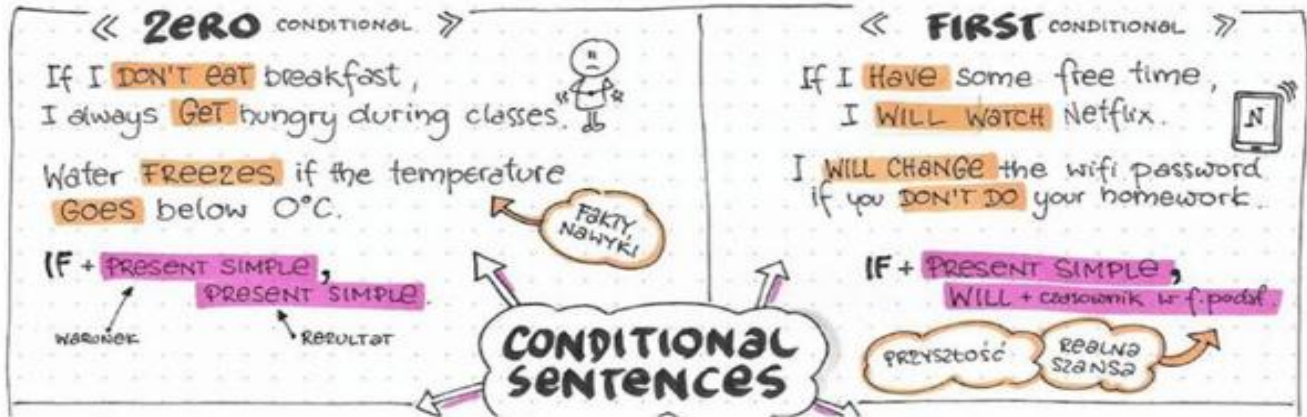
9. Questions

- a) What is the type of intelligence that stands out for its good sense of direction?
- b) What is the type of intelligence that stands out for its ability with numbers and problem-solving?
- c) What is the type of intelligence that stands out for its social skills?
- d) What is the type of intelligence that stands out for its physical abilities and skills to move?
- e) What do you think is the type of intelligence that better describes your skills?
- f) What is the type of intelligence that you found the most in your classroom?
- g) Which one did you identify the least?
- h) What conclusions do you reach after this exercise?

10. Make the following exercises about the zero, first, second and third conditionals

A. Zero and first conditional

Zero and first conditional



A) Write zero conditional sentences, using these words.

- 1 when / Stan / finish / his homework early / he / play / video games

- 2 if / I / not have / money / I / stay at home

- 3 when / it / snow / we / not go / outside

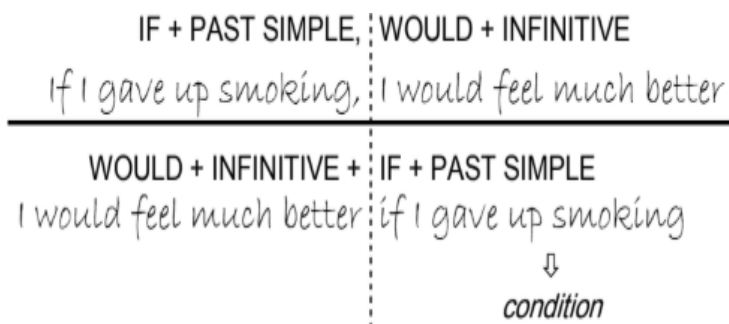
- 4 I / always / lose / when / I / play chess / with Dan

- 5 Kyle / wake up / late / if / his alarm / not go / off

B) Complete the sentences with the first conditional form of the verb in brackets.

- 1 If you buy the puzzle, I _____ (help) you do it.
- 2 If Grandma _____ (come) for a visit this weekend, we will play cards.
- 3 I _____ (buy) a new toy dinosaur if Mum gives me the money for one.
- 4 If they _____ (not get) here soon, we'll leave without them.
- 5 Gerard will save us a seat at the theatre if we _____ (ask) him to.
- 6 If they don't clean this pool, I _____ (not swim) here again.
- 7 I _____ (cook) some pizza if you are hungry later.
- 8 If Sarah _____ (not do) her homework properly this time, Dad will be really annoyed.

B. Second conditional and third conditional



A Fill the gap using the verb in brackets. 5 gaps need a **NEGATIVE** verb!

- 1 I that umbrella inside the house if I were you. It's bad luck. (to open)
- 2 They'd* be a better team if they fitter. (to be)
- 3 If I had some spare money, I a plasma TV. (to buy)
- 4 Those children so horrible if their parents were stricter. (to be)
- 5 I wouldn't go out with him even if you me. (to pay)
- 6 If we so hard, we wouldn't be so tired all the time. (to work)
- 7 If she didn't take so long in the shower, she more time for breakfast. (to have)
- 8 If you so much beer, you wouldn't be so fat. (to drink)
- 9 The world a better place if politicians were less vain. (to be)
- 10 I to visit Thailand if I had the chance. (to love)
- 11 If I had more free time, I a play. (to write)
- 12 If you a digital camera, you could send photos by email. (to have)
- 13 He would definitely lose weight if he eating carbohydrates and sugar. (to stop)
- 14 We could go travelling across France if we a tent. (to buy)
- 15 Valencia would have the perfect climate if it so hot in July and August. (to be)
- 16 If I understood more about computers, I help you out. (to be able to)
- 17 I wouldn't do that if I you. (to be)
- 18 If I to Madrid, I'd visit the Prado Gallery. (to go)

Third Conditionals

Put in the correct third conditional verb form:

1. If you _____ (not / be) late, we _____ (not / miss) the bus.
2. If she _____ (study), she _____ (pass) the exam.
3. If we _____ (arrive) earlier, we _____ (see) John.
4. If they _____ (go) to bed early, they _____ (not / wake) up late.
5. If he _____ (become) a musician, he _____ (record) a CD.
6. If she _____ (go) to art school, she _____ (become) a painter.
7. If I _____ (be) born in a different country, I _____ (learn) to speak a different language.
8. If she _____ (go) to university, she _____ (study)

Get Ready!

1. Match the words in the box with the pictures. Which items do people take on a camping trip?

backpack - sleeping bag - hiking boots - swimsuit - life jacket - camera - sunglasses - tent - helmet - torch - trainers - waterproof jacket



2. Put the items from exercise 1 in the correct column. Then add one more item for each activity.

hiking	at the beach	sleeping	canoeing	horse riding

11. Narrate a short text in your YEAR BOOK (20 PAGES) about what did you do in your Holly week?

METODOLOGIA DE LA EVALUACIÓN

Los estudiantes deben desarrollar las actividades en compañía de su docente en el aula y de sus padres de familia desde el hogar. Además, el estudiante debe presentar un examen para la sustentación y demostración de sus competencias alcanzadas. La evaluación de sustentación puede ser oral y escrita.

BIBLIOGRAFIA:

<https://games4esl.com/comparative-and-superlative-questions/>

www.liveworksheet.com

<https://oyc.yale.edu/psychology/psyc-110/lecture-13> (how and why people is different?)

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OBSERVACIONES: Use el diccionario de inglés. Emplee su cuaderno y el documento en pdf del libro.

FECHA DE ENTREGA DEL TRABAJO

Abril /2026

FECHA DE SUSTENTACIÓN Y/O EVALUACIÓN

Abril/2026

NOMBRE DEL EDUCADOR(A)

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